CAPTION: C.T Controllo a Timbro (STAMP Check control)— C.T.O. Controllo a timbro ad apertura oraria (stamp check control at opening time) — P.A. Prova di abilità (ability test)— C.O.P. Controllo orario partenza (start time check control)— C.T.A. (arrival time check control) Controllo a timbro arrivo. — ABBUONO (allowance): IT IS THE PROVIDED TIME GIVEN YOU IN CASE OF PARTICULAR WELCOME OR VISITS.

LOCALITY	COMMON	PR	PAR KM	TOT. KM	QUO O.S.L.	THEO. TIME	PASS. TIME	C.O. P.A. C.T. C.T.O.	NOTES
AREZZO	AREZZO	AR	0	0	296	0	9,00	C.O.P. P.A.	ROUTE DEPARTURE FROM DUOMO SQUARE. AREZZO IS AN ITALIAN CITY IN EASTERN TUSCANY. AREZZO CATHEDRAL, ON TOP OF THE HILL WHERE THE CITY STANDS, HAS PAINTED VAULTED CEILINGS AND HOUSES A XVTH-CENTURY FRESCO BY PIERO DELLA FRANCESCA DEPICTING MARIA MADDALENA. IN THE CHAPEL OF THE NEARBY BASILICA OF SAN FRANCESCO ARE OTHER FRESCOES BY PIERO DELLA FRANCESCA. THE BASILICA OF SAN DOMENICO HOUSES THE CRUCIFIX OF SANTA CROCE, PAINTED BY CIMABUE IN THE EIGHTEENTH CENTURY. THE IMPOSING MEDICEAN FORTRESS OFFERS A SPLENDID VIEW OF THE CITY.
PALAZZO DEL PERO	AREZZO	AR	11	11	420	0,17	9,17		
CORTONA	CORTONA	AR	42	53	490	1,20	10,20	C.T.O. RISTORO ?	PIAZZA MAZZINI IF WE WILL AGREE WITH THE MUNICIPAL ADMINISTRATION ON THE LEFT FOR THE CENTER  VISIT TO THE HISTORICAL CENTER, MAEC - MUSEUM OF ETRUSCAN CIVILIZATION DIOCESAN MUSEUM. FRANCISCAN HERMITAGE "LE CELLE" GIRIFALCO FORTRESS AND BASILICA OF SANTA MARGHERITA. ARCHAEOLOGICAL PARK OF THE SODO. SANTA MARIA DELLE GRAZIE DEL CALCINAIO.

LOCALITY	COMMON	PR	PAR KM	TOT. KM	QUO O.S.L.	THEO. TIME	PASS. TIME	C.O. P.A. C.T. C.T.O.	NOTES
CASTIGLIONE DEL LAGO	CASTIGLIONE DEL LAGO	PG	22	75	304	1,53	10,53	C.T.O.	THE PARKING OF THE LIDO MUNICIPALITY, (C.T.O.), RIGUTINI, BANDITELLA, SURELY ONE OF THE MOST BEAUTIFUL VILLAGES IN ALL OF UMBRIA, CASTIGLIONE DEL LAGO STANDS ON THE WESTERN SHORES OF LAKE TRASIMENO. PERCHED ON A PROMONTORY COVERED WITH OLIVE TREES, AND SURROUNDED BY ROLLING HILLS, THE TOWN HAS A DECIDEDLY REMARKABLE HISTORY, WHICH SEES IT AS AN IMPORTANT CENTER IN THE MIDDLE AGES AND A DUCHY BETWEEN THE '500 AND '600, MAKING IT, IN THE PAST AS TO THIS DAY, ONE OF THE PEARLS TO VISIT IN CENTRAL ITALY.
CITTA' DELLA PIEVE	CITTA' DELLA PIEVE	PG	28	103	508	2,35+ 0,15= 2,50	11,50	C.T.O. ALLOWANC E REFRESHE MENT 15 MIN.	MATTEOTTI SQUARE C.T.O. VISIT TO THE HISTORIC CENTER. THE BIRTHPLACE OF THE FAMOUS PAINTER PIETRO VANNUCCI, KNOWN TO MOST AS THE PERUGINO, CITTÀ DELLA PIEVE HAS THE POWER TO CAPTIVATE WITH ITS HARMONIOUS LANDSCAPES, PICTURESQUE ALLEYWAYS, UMBRIAN, TUSCAN AND LATIUM INFLUENCES, SUAVE SMELLS AND GENUINE FLAVORS.
MONTELEONE D'ORVIETO	MONTELEONE D'ORVIETO	TR	6	109	500	2,44+ 0,15= 2,59	11,59		BORGHI IN UMBRIA: FOOD AND WINE AND HISTORY IN MONTELEONE D'ORVIETO, VIA DRITTA AND VIA TORTA. CHURCH OF THE SS.MA ANNUNZIATA. CHURCH OF SS APOSTLES PIETRO AND PAOLO. CAVOUR SQUARE AND PIETRO BILANCINI SQUARE. SMALLEST THEATER IN THE WORLD.
FABRO SCALO	FABRO	TR	7	116	364	2,54+ 0,15= 3,09	12,09		FOR THOSE WHO WANT TO TAKE A TRIP IMMERSING THEMSELVES IN NATURE AND ENJOYING THE SCENERY, THERE'S FABRO, A RELAXING DESTINATION THAT ALSO OFFERS OPPORTUNITIES FOR FUN. IT'S A VILLAGE WHERE YOU CAN ALSO DISCOVER INTERESTING FLAVORS AND DELVE INTO LOCAL CULTURE AND ART. AMONG FABRO'S GOODIES IS THE TRUFFLE, BUT THAT'S CERTAINLY NOT THE ONLY REASON TO SUGGEST HEADING OFF TO THIS TOO-LITTLE-KNOWN UMBRIAN TOWN FOR ALL IT'S WORTH. THOSE WHO HAPPEN TO BE IN THESE PARTS BECAUSE PULLED BY THE THROAT, WILL FIND THAT THERE IS ALSO MORE TO SEE. LOOK UP, THEN, IN ORDER

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									TO CATCH A GLIMPSE OF SOME ARTISTIC TREASURES INCLUDING THE PARISH CHURCH OF SAN MARTINO, ERECTED IN THE XIX CENTURY, AND THE NINETEENTH-CENTURY TOWN HALL, THE DESIGN OF WHICH IS ATTRIBUTED TO THE PERUGIAN ARCHITECT GUGLIELMO CALDERIN
FICULLE	FICULLE	TR	6	122	437	3,03+ 0,15= 3,18	12,18		
ALLERONA STAZIONE	ALLERONA	TR	12	134	171	3,21+ 0,15= 3,36	12,36		
ALLERONA	ALLERONA	TR	7	141	472	3,42+ 0,15= 3,57	12,57	C.T.O. REFRESHE MENT	PIAZZA ATTILIO LUPI C.T.O. RISTORO. NESTLED IN HILLS COVERED WITH BEECH, HOLM OAK, AND JUNIPER FORESTS, ALLERONA PRESERVES ARCHITECTURAL EVIDENCE OF ROMAN CIVILIZATION: TRACES REMAIN OF THE ANCIENT VIA CASSIA, OR VIA TRAIANA NOVA, OF WHICH SECTIONS OF PAVEMENT AND TWO MILESTONES HAVE BEEN FOUND.IN THE VILLAGE WORTH SEEING ARE THE REMAINS OF THE FEUDAL CASTLE OF LERONA, DESTROYED BY CARLO VIII IN 1495, OF WHICH THE WALLS, THE SUN GATE (EASTERN ACCESS), AND THE MOON GATE (WESTERN ACCESS) REMAIN
TREVINANO	ACQUAPENDENTE	VT	13	154	619	4,23+ 0,15+ 0,15= 4,53	13,53	C.T.O. REFRESHE MENT ALLOWANC E 15 MIN.	VIA BORBOUN DEL MONTE, COMUNE SQUARE(STOP ALL THE WAY) FAMOUS HISTORICAL PARTLY URBAN MOTOCROSS CIRCUIT. "THE DATE OF MAY 1 WAS FOR MANY YEARS IN TREVINANO, 36 TO BE EXACT, THE OCCASION ON WHICH MOTOCROSS COMPETITIONS WERE HELD. FROM 1963 TO 1999 THERE WERE COMPETITIONS FOR 80, 125 AND 250CC MOTORCYCLES, FOR THE ITALIAN JUNIOR CHAMPIONSHIP; THERE WERE ALSO SIDECAR CROSS AND 500CC MOTORCYCLE COMPETITIONS. TREVINANO IS A HILL TOWN FORMING PART OF THE MUNICIPALITY OF ACQUAPENDENTE LOCATED RIGHT ON

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									THE BORDER BETWEEN LAZIO AND TOSCANA. THE FIRST DOCUMENT BEARING THE NAME TREVINANO DATES BACK TO JANUARY 1073 AND IS AN ACT OF DONATION TO THE MONASTERY OF SS. SALVATORE ON MONTE AMIATA. MAKING THE VILLAGE EVEN MORE CHARACTERISTIC IS THE CASTLE. THE SCANTY INFORMATION WE HAVE ABOUT THE CASTLE OF TREVINANO DATES BACK TO THE MIDDLE OF THE XII CENTURY, A PERIOD TORMENTED BY FREQUENT CLASHES BETWEEN THE AQUESIANS AND ORVIETANI. A KEY DATE IS CERTAINLY 1187, THE YEAR IN WHICH A PEACE TREATY, STIPULATED BETWEEN THE CITIES OF ACQUAPENDENTE AND ORVIETO, GRANTED THE SETTLEMENT OF TREVINANO TO THE VISCOUNTS OF CAMPIGLIA, DESCENDANTS OF THE ALDOBRANDESCHI. CURRENTLY THE CASTLE IS OWNED BY THE BONCOMPAGNILUDOVISI FAMILY, WHO WERE NEVER FEUDAL LORDS OF TREVINANO, HOWEVER, SINCE THEY IN FACT INHERITED THE CASTLE IN THE FEMALE LINE FROM THE BOURBON DEL MONTE FAMILY, THE LAST FEUDAL LORDS OF TREVINANO. IN 1643 THE CASTLE HAD ALREADY BEEN TRANSFORMED INTO A PALACE WITH TWO BULWARKED CORNER TOWERS, STILL PRESENT AND VISIBLE TODAY. OTHER NOTABLE BUILDINGS ARE THE PARISH CHURCH AND THE TWO CHURCHES OF MADONNA DELLA QUERCIA AND SAN ROCCO, BOTH OUTSIDE THE TOWN. ONE OF THE DISTINGUISHING FEATURES OF TREVINANO IS ITS PANORAMIC POSITION FROM WHICH IT OVERLOOKS A STILL UNSPOILED LANDSCAPE OF GREAT BEAUTY.
SAN CASCIANO DEI BAGNI	SAN CASCIANO DEI BAGNI	SI	9	163	582	4,36+ 0,30= 5,06	14,06		
CELLE SUL RIGO	SAN CASCIANO DEI BAGNI	SI	15	178	598	4,59+ 0,30=	14,29		

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						5,29 5,21+			FORTRESS OF RADICOFANI, MARCONI STREET. SITUATED ON A
RADICOFANI	RADICOFANI	SI	15	193	814	0,30= 5,51	14,51		HILL 896 M ABOVE SEA LEVEL, ITS EXISTENCE HAS BEEN DOCUMENTED SINCE 978. THE TOWN HAS ITS NOTORIETY BECAUSE GHINO DI TACCO WAS ITS LORD.
CONTIGNANO	RADICOFANI	SI	13	206	479	5,41+ 0,30= 6,11	15,11		
CHIANCIANO TERME	CHIANCIANO TERME	SI	20	226	475	6,11+ 0,30= 6,41	15,41	C.T.A. P.A.	VIALE ROMA, FREEDOM SQUARE, ARRIVAL. CHIANCIANO TERME IS A WELL-KNOWN ITALIAN SPA TOWN, WHICH DEVELOPED THANKS TO ITS HEALING WATERS, WHICH GAVE IT A REMARKABLE DEVELOPMENT ESPECIALLY AFTER WORLD WAR II. THE TOWN HAS DEVELOPED A SHORT DISTANCE FROM OLD CHIANCIANO, THE HISTORIC VILLAGE, PERCHED ON A HILL IN TYPICAL TUSCAN STYLE. WE ARE IN THE PROVINCE OF SIENA, IN A FAVORABLE LOCATION BETWEEN THE VAL D'ORCIA AND THE VALDICHIANA. IN OTHER WORDS, CHIANCIANO TERME IS A SHORT DISTANCE FROM SOME OF THE MOST BEAUTIFUL ATTRACTIONS AND LOCATIONS IN THE AREA, AND IS THEREFORE A PERFECT SOLUTION TO INTERSPERSE VISITS TO VILLAGES AND COUNTRYSIDE WITH SOME HEALTHY RELAXATION AT THE SPA. IN CHIANCIANO TERME YOU CAN THEREFORE EXPERIENCE A DOUBLE VACATION: ON THE ONE HAND YOU CAN EXPERIENCE THE HISTORIC CENTER, MADE UP OF PEDESTRIAN STREETS AND ANCIENT BUILDINGS. ON THE OTHER HAND, YOU CAN STROLL ALONG THE ELEGANT AVENUES OF MODERN CHIANCIANO TERME, WHERE THERE ARE THERMAL BATHS AND PARKS, AS WELL AS NUMEROUS STORES AND SERVICES